

# COUNTY OF LOS ANGELES

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## DEPARTMENT OF MENTAL HEALTH

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<http://dmh.lacounty.gov>

March 9, 2012

TO: Each Supervisor

FROM: *Robin Kay for*  
Marvin J. Southard, D.S.W.  
Director

SUBJECT: **ADVANCE NOTIFICATION OF INTENT TO ENTER INTO A SOLE  
SOURCE CONTRACT WITH THE UNIVERSITY OF WASHINGTON  
SCHOOL OF MEDICINE AIMS CENTER**

This memorandum is to comply with the Board of Supervisors Policy Manual, Section 5.100, Sole Source Contract, by notifying the Board of our need to initiate a Sole Source contract. It is the Los Angeles County Department of Mental Health's (DMH) intent to enter into sole source contract negotiations with the University of Washington School of Medicine AIMS Center (UW) located at 1959 NE Pacific Street, Box 356560, Seattle, Washington 98195-6560.

UW is the sole entity in the United States that offers trainings related to the Mental Health Integration Program (MHIP), an integration treatment model that utilizes Problem Solving Treatment as the Evidenced-Based Practice in primary care settings to treat common mental health disorders like depression, anxiety and Post Traumatic Stress Disorder. As the developer of the MHIP treatment model, UW is the uniquely qualified entity to provide the training sessions and training materials which are proprietary.

With the use of the MHIP treatment model, DMH is planning to expand and enhance mental health services at primary care locations throughout Los Angeles County. The expanded population will include individuals who are 18 years of age and older and who are experiencing mild to moderate symptoms of depression, anxiety and/or trauma.

The proposed contract with UW will be executed under delegated authority, will have a term through June 30, 2014, and will be fully funded through the Mental Health Services Act-Prevention and Early Intervention Plan.

*"To Enrich Lives Through Effective And Caring Service"*

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UW will provide a variety of tasks and deliverables required with the implementation of the MHIP treatment model including such elements as training/education, consultation and technical assistance. Through the use of UW's services and MHIP, DMH will work to integrate mental health services with health and human services system here in Los Angeles County.

Unless otherwise instructed by a Board office within two (2) weeks, DMH will proceed with negotiating a sole source contract with UW.

MJS:RK:KK:rl

c:     Mental Health Deputies  
          Chief Executive Officer  
          Executive Officer, Board of Supervisors  
          County Counsel  
          Robin Kay, Ph.D.  
          Dennis Murata, M.S.W.  
          Contracts Development and Administration